

## Substance Abuse Screening Tool

### CAGE ASSESSMENT

- C** Have you ever tried to **C**ut back on your use?
- A** Have you ever been **A**nnoyed/**A**ngered when questioned about your use?
- G** Have you ever felt **G**uilt about your use?
- E** Have you ever had an **E**ye-opener to get started in the morning?

**The Cage Assessment is a quick questionnaire to help determine if an alcohol assessment is needed. If you answer yes to two or more of these questions, then an assessment is advised.**